

Three Years Six Semesters Programme: Bachelor of Physical Education and Sports (BPE&S) (NEP)

Faculty: Inter-disciplinary Year-Second Semester-III

Level: 5.0

Sr. No.	Vertical No.	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hours	
					L	T	P	Total Hour	Creditoffered		
1	a	Major (Theory)	822223	Major III(T) Kinesiology	2	—	—	2	2	2	Lecture Tutorial and Credit +1 if Practical are not prescribed
			822224	Major IV(T) – Psycho-Social Foundation of Physical Education	2			2	2	2	
			822225	Major V(T) Administration in Physical Education	2			2	2	2	
2*	a	Major (Practical/Laboratories) Indian Game	822226	Major III(P) – 1- Kabaddi 2- Kho-Kho 3- Malkhamb(Any One)	—	—	2	2	1	2xNo.of batches	If applicable
3*	b	Minor (Theory)-	822227	Minor III(T)– 1) Foundation Of Yoga(YS) 2) Health Education(SM) 3) Basic of sports Coaching and Training (ST)	3	-	-	3	3	2	+1 if practical are not applicable
		Minor (Practical/Laboratories)	822228	Minor III(P) – 1) Asana (Sitting , Standing, Laying)(YS) 2) Practical approach Health Education(SM) 3) Specialization of Game (ST)			2	2	1	2	
4	e	iii Value Education Course		Understanding India	-	-	2	2	1	2 (One batch)	
				Environmental Science/ Education-I -	-	-	2	2	1	2 (one batch)	
5	e	i. AEC	822229	Major discipline related IKS – Olympic Movements	1	--	--	1	1		
6	d	Vocational and Skill Enhancement Course (VSEC)	822230	i) SEC Life Skills-III	1	----	--	1	1	1	
				Universal Human Values Leadership and Managerial Skills	1	-----	----	1	1	1	
7 ***	c	Generic/Open Elective (OE)		OE5 – Students have to choose from the basket Provided by different Faculty / Same Faculty / MOOCs	2	-	-----	2	2	2	
					2	-	-----	2	2	2	

				OE6 – Students have to choose from the basket Provided by different Faculty / Same Faculty / MOOCs							
8	f	Co-Curricular Courses(Activities)		NSS/UBA/Cultural/ Sports/Yoga etc.	-	-----	4	4	2	4	
				TOTAL				28+Report+ assessment =33 to 35	22		

L: Lecture, T: Tutorial, P: Practical/Practicum

Total Credits offered: 22(Max), Total credits to be earned: 20(Min)

Discipline Specific Core: DSC, Discipline Specific Elective : DSE, Modern Indian Language : MIL, Indian Knowledge System : IKS, Inter Faculty Specific Core : IFSC, Inter Faculty Specific Elective : IFSE, Theory:Th, Practical/Practicum :Pr, Environment Studies : ES, Pre-requisite Course mandatory if applicable: Prq, Laboratory : Lab, Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses : VSEC; Vocational Skill Courses :VSC; Skill Enhancement Courses : SEC; Ability Enhancement Courses : AEC; Value Education Courses: VEC; OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP

Note: 1) Minor Yogic Science Group = YS

2) Minor Sports Medicine Group = SM

3) Minor Sports Coaching and Training Group = ST

Note : **Co-curricular Courses:** In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/Winter School/Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, yoga, sports, cultural, etc. These activities can be completed cumulatively during **Semester III, IV, V and VI. Its credits and grades will be reflected in semester VI credit grade report.**

Elective Courses : Courses to be selected from the Basket of Courses provided by the University

*If the Department Specific Courses do not have practical/practicum/laboratories, the learning hours & Credits shall be used for the respective Theory Courses.

**Completion Certificate of Induction Programme should be submitted by each student.

***O.E.-

1. OE is to be chosen compulsorily from faculty other than that of the Major
2. For those students who do not opt MARATHI language under any vertical, MARATHI will be mandatory as one of the options of OE.(G.R. Marathi Bhasha No.2018/pr.kr.50/bhasha-1,Date14March,2024).

Teaching Days and Learning Hours	Learning Hours &Credits	Teaching Hours & Work Load
Minimum No. of teaching days = 90 Minimum Learning weeks per Semester= 17 (Minimum Learning Hours per Semester (NCrF)= 600) Minimum Learning Hours per week (NCrF)= 600/18 or 600/17 =33 to35	<i>For Theory/Tutorial-1Hour= 1 Credit, For Practical -2 Hours=1 Credit</i>	ForTheory–1Hour=1 Hour Work Load For Tutorial - 1 Hour = 1 x No. of batches work load And practical 2Hour=2xNo. of batches work load

Note:

- The strength of the batch of the Practical for UG Classes shall be 16 with an addition of 10% with the permission of Hon’ble Vice Chancellor. However, for Music Discipline the batch size shall be of 7 students. The number of the students required to constitute a batch or calculate the workload shall be in accordance with the relevant Government Resolution in force at the time, applicable to specific time, region, course type, mode of instruction, and other pertinent factors.

Three Years Six Semesters Programme : Bachelor of Physical Education (NEP)

Faculty: Education Year -Second Semester-IV Level: 5.0

Sr. No.	Vertical No.	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hours	
					L	T	P	Total Hour	Credit offered		
1	a	Major(Theory)	822231	Major VI (T) – Test and Measurement and Evaluation in Physical Education	2	---	---	2	2	2	Lecture, Tutorial and Credit+1if Practical are not prescribed
			822232	Major VII(T) – Coaching In Sports	2	---	---	2	2	2	
			822233	Major VIII(T) – Recreation	2	---	---	2	2	2	
2*	a	Major822234 (Practical/Laboratories)		Major V (P) – Combative Sports (Judo/Wrestling)Any One	-----	-----	2	2	1	2xNo.of batches 4xNo. of batches	If applicable
			822235	Major VI(P)- Rackets Sports (Ball Badminton / Badminton / Table-Tennis) Any One	-----	-----	4	4	2		
3*	b	Minor(Theory)	822236	Minor IV(T) – 1)Patanjali Yoga Sutra(YS) 2) First Aid & Safety Education (SM) 3) Management of Sports Infrastructure. (ST)	3	- -	-	3	3	2 2xNo. of batches	+1 if practical are not applicable
		Minor (Practical/Laboratories)	822237	Minor IV(P)- 1) Kriya (YS) 2) Practical on First Aid And Safety (SM) 3) Management of Sports Infrastructure.(ST)			2	2	1		
4	e	Iii Value Education Course		Digital and Technological solutions Environmental Science/Education-II-	- -	- -	2 2	2 2	1 1	2 (One batch) 2 (one batch)	
5	e	i.	AEC822238	Major discipline related IKS Indian Heritage of Physical Fitness	1	--	--	1	1		
6.	b	Minor Elective(Theory)	822239	Minor V(T)– 1)- Yoga and Relaxation techniques / Meditational Techniques in Yoga. (YS) 2) Wellness and Fitness / Wearable Technology (SM) 3) Sports Training and Safety / Health And Fitness Training (ST)	3	-	-----	3	3	3	

7*	b	Minor Elective(Practical) 822240	Minor V(P) 1) Yoga and Relaxation techniques / Meditational Techniques.(YS) 2) Fitness tests / Wearable Technology and its uses (SM) 3) Practical Approach of safety in sports / Practical Approach of Fitness (ST)	--	--	2	2	1	2xNo.of batches	
8	f	Co-Curricular Courses(Activities)	NSS/UBA/Cultural/Sports/Yoga etc.	-	-----	4	4	2	4	
			TOTAL				31+ assessment, report hrs = 33to 35	22		

L: Lecture, T:Tutorial, P:Practical/Practicum

Total Credits offered : 22(Max), Total credits to be earned : 20(Min)

Note: 1) Minor Yogic Science Group = YS

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Elective Courses : Courses to be selected from the Basket of Courses provided by the University

*If the Department Specific Courses do not have practical/practicum/laboratories, the learning hours & Credits will be used for the respective Theory Courses.

Year	Level	Semesters	Offered Credits	Minimum credits to be earned	If opted for exit
Second	5.0	First and Second Third and fourth	44+44=88	40+40=80	Additional Minimum 4 credits skill course or internship of minimum120 hrs in chosen discipline of Major courses. Diploma will be awarded in a discipline of major

Exit Option: After earning minimum 80 Credits from Semester I,II,III and IV cumulatively ,if the student prefers to opt for Exit Option,
UG Diploma shall be awarded in **Major and Minor** in which an Additional 4 Credits are earned from the Major related NSQF aligned course/Internship/Apprenticeship
OR student may opt to continue further with Major and Minor.

Teaching Days and Learning Hours	Learning Hours &Credits	Teaching Hours & Work Load
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